



A TIME TO HEAL
CANCER FOUNDATION

CREATE YOUR BEST LIFE EVENT

MANAGING CANCER-RELATED FATIGUE

SATURDAY, MAY 18, 2024
AT 10:00 AM (CT) VIA ZOOM

Alex Eilers, PT, DPT will discuss simple, easy ways to combat Cancer-Related Fatigue (CRF). Engaging in light exercise and physical activity has been proven in research to help - and no gym or special equipment is required! Come learn about how you can manage cancer-related fatigue.

www.atth.org/bestlife

