



## ATTH's Create Your Best Life: Managing Cancer-Related Fatigue

**We welcome:** Nurses, social workers, mental health practitioners, physical therapists, physical therapist assistants, occupational therapists, occupational therapist assistants, speech therapists, licensed mental health professionals, and other healthcare professionals who care for patients dealing with cancer-related fatigue.

**Course Description:** Fatigue, frequently accompanying cancer and its treatments, is commonly known as Cancer-Related Fatigue (CRF). Engaging in exercise and physical activity is highly recommended to address this symptom. Alex will discuss the latest research findings and general recommendations regarding exercise and its impact on cancer-related fatigue.

**Date/Time/Location:** Saturday, May 18, 2024, 10:00 AM to 11:15 AM, Webinar

**Value: \$50.00, Cost: \$0**

**Continuing Education:** Contact hours are awarded for nurses, social work, mental health, physical therapy/PTA, occupational therapy/OTA, speech therapy, respiratory therapy, and education. Nurses: 1.25 contact hours awarded. Midwest Multistate Division Provider Approval # NE1025-1. Nebraska Methodist College Professional Development is approved with distinction as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is being jointly provided by Nebraska Methodist College Professional Development and A Time to Heal Cancer Foundation.

---

You must register for this event via the event website in addition to registering for continuing education. Click here to [Register with ATTH](#)

