Presenting Sponsor:

METHODIST

A TIME TO HEAL CANCER FOUNDATION

ATTH

Art of Living

BEYOND CANCER CONFERENCE

MONDAY, MAY 4, 2026

EMBASSY SUITES OMAHA-LA VISTA
CONFERENCE CENTER

2026 Registration Information

Keynote Speaker:

William Lydiatt, MD

CEO, Clarkson Institute

MORNING KEYNOTE SPEAKER

James Armitage, MD

Joe Shapiro Chair for the Study of Oncology and Clinical Research
University of Nebraska Distinguished Cancer Research Professor

James O. Armitage, MD, is a world-renowned expert in the treatment of non-Hodgkin lymphoma, Hodgkin disease, and chronic lymphocytic leukemia and has played a critical role in advancing bone marrow transplantation.

Dr. Armitage developed and directed the bone marrow transplant programs at the University of Iowa and at the University of Nebraska Medical Center (UNMC). Since 1982 he has served in many leadership roles at UNMC.

Dr. Armitage will discuss how "curing" cancer is being redefined thanks to the advancement of treatment, therapies, and survivorship. He will share his viewpoints, professional and personal experiences, and will answer attendee questions to make this session an exciting combination of information and interaction.

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LUNCHEON KEYNOTE SPEAKER

William Lydiatt, MD

CEO, Clarkson Institute

William "Bill" Lydiatt, MD is CEO of Clarkson Institute, a healthcare nonprofit dedicated to making Nebraska the healthiest state. An international leader in otolaryngology, Dr. Lydiatt is Immediate Past President of the American Head and Neck Cancer Society.

Dr. Lydiatt serves on numerous local and national committees and provided guidance and advice at the state and local governance levels, most notably during the COVID pandemic as Chief Medical Officer and Vice President of Medical Affairs at Nebraska Methodist Hospital.

Dr. Lydiatt recently retired from a 30-year career as head and neck surgeon at Methodist, where he had the profound honor of caring for wonderful people. Dr. Lydiatt's message about his keynote:

"This is not a lecture nor a set of actions you may take. It is humble reflection upon my life as a cancer surgeon who has had the honor to see the drama, courage and poetry that comprises our greatest literature; a meditation on my witness to the lives of ordinary people who became extraordinary."

PRESENTING SPONSOR

Monday, May 4, 2026
Embassy Suites La Vista, 12520 Westport Pkwy, Omaha

7:15-8:00 a.m.	**REGISTRATION/BREAKFAST/VISIT EXHIBITORS**
8:00-9:00 a.m.	**MORNING KEYNOTE: WHAT DOES IT MEAN TO "CURE" A CANCER? SPEAKER: JAMES ARMITAGE, MD**

TIME	METHODIST TRACK	NEBRASKA CANCER SPECIALISTS TRACK	NEBRASKA MEDICINE FRED & PAMELA BUFFETT CANCER CENTER TRACK	A TIME TO HEAL CANCER FOUNDATION
SESSION ONE 9:05-10:05 a.m.	THE THREE ROLES OF RADIATION: CURE, TREAT AND MANAGE MING-YANG HUNG, MD	CALM DOWN! ACTIVITIES FOR YOUR EMOTIONAL WELL-BEING JAYNE GUNDRUM	CLINICAL TRIALS: NOT JUST A HAIL MARY HARSHRAJ LEUVA, MD	SUPPLEMENTS: WHAT'S IN IT FOR ME? TERI GABEL, PHARMD
10:05-10:20 a.m.	**Social Time / Visit Exhibitors**			
SESSION TWO 10:25-11:25 a.m.	WHY DIDN'T ANYONE TELL ME ABOUT PALLIATIVE CARE? KIM BLAND, APRN	NUCLEAR ONCOLOGY: FRONTLINE TARGETED CANCER CARE SAMUEL MEHR, MD	HOW DO YOU SLEEP AT NIGHT? ADAM MILLS, PHD	THE BOTTOM LINE ON COLON VS RECTAL CANCERS RANDALL DUCKERT, MD
11:30 a.m.-1:00 p.m.	METHODIST	**LUNCHEON KEYNOTE: FINDING YOUR PURPOSE SPEAKER: WILLIAM LYDIATT, MD**		

TIME	METHODIST TRACK	NEBRASKA CANCER SPECIALISTS TRACK	NEBRASKA MEDICINE FRED & PAMELA BUFFETT CANCER CENTER TRACK	A TIME TO HEAL CANCER FOUNDATION
SESSION THREE 1:10-2:10 p.m.	EXPRESS YOURSELF: ART AS HEALING LORNA MONAGHAN, PA	YOUR QUESTIONS ANSWERED MARY HUERTER WELLS, MD	GUT CHECK: MICROBIOME AND NUTRITION CHRIS D'ANGELO, MD	DISTRESS RELEASE THROUGH SOMATIC HEALING JAMIE DUCKERT, SEP
2:10-2:30 p.m.	**Afternoon Break / Visit Exhibitors**			
SESSION FOUR 2:35-3:35 p.m.	HORMONE REPLACEMENT THERAPY FOR SURVIVORS JENNIFER DUCIE, MD	KNOWLEDGE IS POWER – WHEN IT'S RELIABLE ASHLEY SERVAIS, MPH	HOW TO READ LAB RESULTS TANYA WILDES, MD	MIND POWER FOR STRENGTH, RESILIENCY AND RECOVERY STEPHANIE KORALESKI, PHD KAY RYAN, PHD
3:35 p.m.	**ADJOURN**			

SESSION DESCRIPTIONS

SESSION ONE: 9:05 A.M. - 10:05 A.M.

Methodist Track:

The Three Roles of Radiation: Cure, Treat and Manage

METHODIST

Ming-Yang Hung, MD

Radiation therapy plays a vital role across the cancer journey—from cure to symptom relief. In this session, we will explore how radiation is used in both curative and palliative settings, and how care teams help patients navigate the physical side effects and emotional challenges that can arise during treatment. Attendees will gain a clearer understanding of the differences between curative and palliative radiation therapy and learn practical strategies used to manage side effects while strengthening emotional and social support systems throughout the course of care.

Nebraska Cancer Specialists Track:

Calm Down! Activities for Your Emotional Well-Being

NEBRASKA CANCER SPECIALISTS

Jayne Gundrum

In this fun, hands-on session, we'll explore easy ways to relax. You'll get to try simple activities that help your body and mind feel calmer, along with fun tools for lowering stress. We'll also talk about how our environment, the people around us, and the way we handle worry all play a big part in how we feel every day.

Nebraska Medicine/Fred & Pamela Buffett Cancer Center Track:

Clinical Trials: Not Just a Hail Mary

Nebraska Medicine | FRED & PAMELA BUFFETT CANCER CENTER

Harshraj Leuva, MD

Dr. Leuva will discuss how to approach clinical trials as a patient or family member. Learn how clinical trials are not just a last resort for advanced cancer, but rather to continuously improve care based on objective information.

A Time to Heal Cancer Foundation Track:

Supplements: What's In It For Me?

ATTH A TIME TO HEAL CANCER FOUNDATION

Teri Gabel, PharmD

Some natural medicines are appropriate for managing health issues, some are not. Each of us will have a different risk benefit ratio when determining if we should use an agent. This session will address pros and cons of commonly used agents and how to choose quality products.

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ATTH A TIME TO HEAL CANCER FOUNDATION

MEET OUR PRESENTERS

Ming-Yang Hung, MD

The Three Roles of Radiation: Cure, Treat and Manage

Dr. Hung is a radiation oncologist at Methodist Estabrook Cancer Center in Omaha. He uses the latest techniques to maximize the impact of radiation therapy while minimizing side effects for patients. He also strives to form relationships built on strong communication. "In order to create the best plan, you have to know the whole person," he said. "I really get to know not only the patients, but sometimes their family members, and really establish close relationships because cancer is a long-term battle." Seeing patients win that battle is what Dr. Hung finds most rewarding. "There's nothing more meaningful than bringing people through something so tough that changes their lives."

Jayne Gundrum, M.Ed., LMHP

Calm Down! Activities for Your Emotional Well-Being

Jayne Gundrum is a Licensed Mental Health Practitioner with more than 40 years of experience supporting individuals and families through counseling, grief care, and emotional wellness. She earned her Bachelor of Science in Human Development and the Family from the University of Nebraska–Lincoln and her Master of Education in Counseling, Guidance and Personnel Services from South Dakota State University. Jayne has extensive experience in hospice and bereavement care, where she has provided grief counseling, coordinated support services, and led educational programs for patients, families, and healthcare teams. At Nebraska Cancer Specialists, she is dedicated to helping patients and their loved ones navigate the emotional challenges of cancer with compassion, connection, and personalized support.

Harshraj Leuva, MD

Clinical Trials: Not Just a Hail Mary

Dr. Harshraj Leuva is a Genitourinary Medical Oncologist and physician-scientist at the University of Nebraska Medical Center specializing in advanced prostate cancer. His research focuses on developing innovative biomarkers and machine learning tools to better predict treatment response using large real-world datasets, including data from U.S. Veterans.
He conducts phase II and III clinical trials and integrates clinical research with data science to advance precision oncology. Dr. Leuva has received national recognition for his work, including the ASCO Young Investigator Award and the Robert A. Winn Excellence in Clinical Trials Career Development Award.

Teri Gabel, PharmD

Supplements: What's In It For Me?

Dr. Gabel provides private consultation and educational programming. She speaks throughout the region and nationally on herbal medications, psychiatric medications, and other topics. Dr. Gabel is the author of several professional chapters and articles on substance abuse, psychiatric medications, herbal medications, and nutraceuticals. Dr. Gabel, now retired, was a Clinical Pharmacy Specialist in Psychiatry at the Veterans' Affairs Nebraska–Western Iowa Health Care System—Omaha Division and was a Volunteer Assistant Professor in the Department of Psychiatry in the College of Medicine at the University of Nebraska Medical Center.

SESSION DESCRIPTIONS

SESSION TWO: 10:25 A.M. - 11:25 A.M.

Methodist Track:

Why Didn't Anyone Tell Me About Palliative Care?

METHODIST

Kim Bland, APRN

This session explores the role of palliative care across the cancer survivorship continuum. Participants will examine how palliative care principles—such as symptom management, psychosocial support, communication, and advance care planning—can be integrated early and throughout survivorship to improve quality of life. Emphasis will be placed on interdisciplinary collaboration, patient-centered goal setting, and addressing the long-term physical, emotional, and spiritual needs of cancer survivors.

Nebraska Cancer Specialists Track:

Nuclear Oncology: Frontline Targeted Cancer Care

NEBRASKA CANCER SPECIALISTS

Samuel Mehr, MD

Nuclear oncology began in the early 1900s, when doctors learned that radioactive materials could help detect and treat cancer. Today, targeted radiopharmaceutical therapies can deliver radiation directly to some cancer cells while limiting damage to healthy tissue. This progress reflects decades of science, courage from patients in clinical trials, and a shared goal: more precise, compassionate cancer care.

Nebraska Medicine/Fred & Pamela Buffett Cancer Center Track:

How Do You Sleep At Night?

Nebraska Medicine | FRED & PAMELA BUFFETT CANCER CENTER

Adam C. Mills, PhD

There are many variables that can interfere with a good night's sleep. When we don't sleep well, we may compensate in ways that make insomnia worse. Recent research shows that over 20% of people dealing with cancer may have sleep difficulties. Dr. Adam Mills, a clinical psychologist who specializes in cancer care, will discuss what causes insomnia, what prolongs insomnia, and the many things you can do to improve your sleep.

A Time to Heal Cancer Foundation Track:

The Bottom Line On Colon vs Rectal Cancers

ATTH A TIME TO HEAL CANCER FOUNDATION

Randall Duckert, MD

What is the difference between the colon and the rectum, and why cancer treatment varies between the two. We will also discuss the alarming rise of colon and rectal cancers amongst younger patients.

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MEET OUR PRESENTERS

Kim Bland, APRN

Why Didn't Anyone Tell Me About Palliative Care?

Kim is a Family Nurse Practitioner who has been a member of Nebraska Methodist Hospital's Palliative Care team since 2015. She earned her Bachelor of Science in Nursing from Midland Lutheran College in Fremont, followed by a Master of Science in Nursing from Creighton University. She later completed her Doctor of Nursing Practice degree at Methodist College. Kim also holds advanced certification in oncology. Her clinical focus is in the outpatient setting, where she is dedicated to providing compassionate, patient-centered palliative care.

Samuel Mehr, MD

Nuclear Oncology: Frontline Targeted Cancer Care

Dr. Mehr established the nation's first Clinical Center for Metabolic Imaging (P.E.T.) at Creighton University (1986); and the first nationwide Radon Surveillance Program, sponsored by Creighton University in 1987.

He has served as adjunct faculty at the F. Edward Ebert School of Medicine of the Uniformed Services University of the Health Sciences, the Medical School of the University of Puerto Rico, Creighton University School of Medicine and the University of Nebraska Medical Center.

Adam Mills, PhD

How Do You Sleep At Night?

Dr. Adam Mills is a clinical health psychologist at Nebraska Medicine who specializes in cancer care. He is active in patient care, community outreach, research, and training the next generation of psychologists. Dr. Mills grew up in Sioux Falls, South Dakota, and received his undergraduate degree at UNL. He completed his doctoral training at Oklahoma State University and his residency at the Medical University of South Carolina. He lives in Papillion with his wife and two boys.

Randall Duckert, MD

The Bottom Line On Colon vs Rectal Cancers

Dr. Randall Duckert was inspired to pursue a medical career by an 11 year old family member diagnosed with a highly malignant brain tumor. He trained at the University of Utah where he was involved in the study of abnormalities of malignant vasculature. Recent interest for him is the interaction of radio surgery and tumor immunity. His work experience was characterized as privilege with responsibility. Dr. Duckert will always treasure his experience working with those affected by cancer and the very skilled efforts of his colleagues.

SESSION DESCRIPTIONS

SESSION THREE: 1:10 P.M. - 2:10 P.M.

Methodist Track:

Express Yourself: Art As Healing

METHODIST

Lorna Monaghan, PA

We'll explore how creative expression cares for the whole person and supports emotional recovery for cancer survivors and their caregivers. Whether pausing with poetry, paintings, stories, or songs, we can learn to process trauma, rebuild identity, and rediscover hope. This presentation highlights research, personal stories, and practical tools showing how the creative process fosters resilience, connection, encouragement, and holistic healing beyond medical treatment.

Nebraska Cancer Specialists Track:

Your Questions Answered

NEBRASKA CANCER SPECIALISTS

Mary Huerter Wells, MD

As part of her personalized approach to patient care, Dr. Huerter Wells is prepared to answer YOUR questions at the conference! Her specialty interests include but are not limited to breast cancer, palliative care, and hematology oncology. Email your question by Friday, May 1 to info@atth.org.

Nebraska Medicine/Fred & Pamela Buffett Cancer Center Track:

Gut Check: Microbiome and Nutrition

Nebraska Medicine | FRED & PAMELA BUFFETT CANCER CENTER

Chris D'Angelo, MD

This talk will focus on an overview regarding the gut microbiome and its relationship in hematologic malignancies including chronic lymphocytic leukemia, multiple myeloma, and patients receiving autologous stem cell transplantation. We will also explore the impact of nutrition in cancer care with a focus on nutrition-based strategies that influence the microbiome and may impact pathogenesis or outcomes in patients suffering from hematologic malignancies.

A Time to Heal Cancer Foundation Track:

Distress Release Through Somatic Healing

ATTH A TIME TO HEAL CANCER FOUNDATION

Jamie Duckert, SEP

Trauma creates change you don't choose. Healing is about creating change you do choose. – *Michelle Rosenthal*

During this time, I will discuss the nervous system and how it responds to threat and danger. I will lead experiential breathing and calming exercises. The participants will take away knowledge and techniques to de-stress when feeling overwhelmed.

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A TIME TO HEAL CANCER FOUNDATION

MEET OUR PRESENTERS

Lorna Monaghan, MPAS, MA, PA-C

Express Yourself: Art As Healing

Lorna Monaghan practices in Gynecologic Oncology at Methodist Hospital. Grounded in both medicine and the humanities, she is passionate about whole-person care and supporting patients through the medical and emotional dimensions of cancer treatment and survivorship. She earned her Master of Physician Assistant Studies from the University of Nebraska Medical Center and holds a Master of Arts in literature from Creighton University. In leading a creative writing workshop for gynecologic cancer patients, she creates space for reflection, meaning-making, connection, and ultimately, healing.

Mary Huerter Wells, MD

Your Questions Answered

Dr. Mary Huerter Wells, Nebraska native, joined Nebraska Cancer Specialists after completing her fellowship in medical oncology and hematology. She has a background in palliative medicine and a special interest in breast cancer. Dr. Wells enjoys taking a personalized approach as a partner to individuals diagnosed with cancer. She spends the time to educate patients and their loved ones on understanding their diagnosis and choosing the treatment option that is best for them.

Chris D'Angelo, MD

Gut Check: Microbiome and Nutrition

Dr. D'Angelo is an Assistant Professor in the Division of Hematology & Oncology at the University of Nebraska Medical Center. After obtaining a bachelor's of science degree from Northwestern University, he attended medical school at the University of Illinois College of Medicine, graduating with AOA honors. He completed a residency in Internal Medicine at the University of Chicago Hospitals and Clinics and a fellowship in Hematology/Oncology at the University of Wisconsin, followed by an MS in clinical translational research at the University of Nebraska Medical Center. His recent awards include the 2025 Patient Voice award and the 2025 UNMC Internal Medicine clinical research award.

Jamie Duckert, SEP

Theranostics = Therapy + Diagnostics

I began my journey as a Nuclear Medicine Technologist in 1980. I worked while my husband trained for a career in Radiation Oncology. I started Yoga Teacher Training in 2010, taught many yoga classes continuing to become Yoga Therapy Certified. I am completing the Somatic Experiencing International program in May. This program dives into the nervous system and trauma renegotiation. My goal is to use these modalities to help individuals live their best life. I also volunteer for The Kim Foundation and LOSS team as a survivor and advocate for Mental Health Resources and awareness.

SESSION DESCRIPTIONS

SESSION FOUR: 2:35 P.M. - 3:35 P.M.

Methodist Track:

Hormone Replacement Therapy For Survivors

METHODIST

Jennifer Ducie, MD

As a result of treatment, many women with gynecologic malignancies will go through menopause and display symptoms at an earlier age than occurs naturally, which may adversely affect quality of life and health outcomes in young female cancer survivors. Hormone replacement therapy (HRT) has often been withheld from women with gynecologic cancer because of concern that it might increase the risk of relapse or the development of new primary cancers. The purpose of this review is to examine menopause management in gynecologic cancer survivors and highlight the risks and benefits of conventional and alternative HRT.

Nebraska Cancer Specialists Track:

Knowledge is Power - When it's Reliable

NEBRASKA CANCER SPECIALISTS

Ashley Servais, MPH, CCRP

How to Tell Whether Research Is Credible: A simple guide for survivors, caregivers and anyone consuming media headlines. This will be a session to help educate the layperson about how to interpret/determine if research is credible or not. What should we be looking for?

Nebraska Medicine/Fred & Pamela Buffett Cancer Center Track:

How To Read Lab Results

Nebraska Medicine | FRED & PAMELA BUFFETT CANCER CENTER

Tanya Wildes, MD

Patients and their care partners reviewing test results in a patient portal can be both empowering and anxiety-provoking. This session will introduce how clinicians interpret laboratory data, emphasizing why not all tests that flag "abnormal" are worrisome and are actually sometimes expected in people during and after cancer treatment. We will discuss where those "normal ranges" that show up on patient portals come from and why they may not be reflect the values that are actually expected for an individual.

A Time to Heal Cancer Foundation Track:

Mind Power for Strength, Resiliency and Recovery

ATTH A TIME TO HEAL CANCER FOUNDATION

Stephanie Koraleski, PhD and Kay Ryan, PhD, RN

A cancer diagnosis provokes both a physical challenge and a mental challenge. Even with the best of care, emotions can be rocky for patients and for caregivers. This session will demonstrate several mind power skills that can help people cope with the emotional stresses of cancer.

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MEET OUR PRESENTERS

Jennifer Ducie, MD

Hormone Replacement Therapy For Survivors

Jennifer Ducie, MD, became interested in medicine at a young age. Her fascination with handiwork and tools inspired an early interest in surgery. And a young friend's leukemia diagnosis later piqued her interest in cancer care. Dr. Ducie is particularly interested in treating endometrial cancer and is skilled in sentinel lymph node mapping as well as laparoscopic, robotic and open surgical approaches. But her favorite part about being a physician is building meaningful relationships with her patients while providing them the level of care they deserve.

Ashley Servais, MPH

Knowledge is Power - When it's Reliable

Ashley Servais began her career at the Harvard NeuroDiscovery Center in Boston, where she worked on a multidisciplinary team focused on identifying key biomarkers in neurodegenerative diseases. In 2016, Ashley returned to Omaha and spent seven years at the University of Nebraska Medical Center as Senior Research Manager at the Child Health Research Institute. She joined Nebraska Cancer Specialists in 2023 as Director of Research, where she leads efforts to expand access to clinical trials and bring the latest therapeutic options to patients across the region. She has extensive experience managing both investigator-initiated and industry-sponsored clinical trials, with a focus on improving patient access, advancing care, and supporting discovery.

Tanya Wildes, MD

How To Read Lab Results

Dr. Wildes is an Associate Professor in the Division of Hematology at the University of Nebraska Medical Center, specializing in multiple myeloma, hematology/oncology and geriatric oncology. Her overarching career goal is to improve the care of older adults with cancer by integrating the principles of geriatrics into both research and clinical practice in oncology. Dr. Wildes undertook fellowship training in geriatrics to enable her to better care for older adults with cancer clinically and to equip her to perform research in this area; she is currently one of approximately 100 physicians in the U.S. clinically dual-trained in hematology/oncology and geriatrics.

Stephanie Koraleski, PhD

Mind Power for Strength, Resiliency and Recovery

Dr. Stephanie Koraleski is a psychologist specializing in psycho-oncology, the care of cancer survivors. She has worked in the cancer survivorship field for over 25 years, both in the Behavioral Health Department at Nebraska Methodist Hospital and in co-founding and serving as executive director of A Time to Heal Cancer Foundation. Dr. Koraleski has volunteered with numerous cancer organizations and served on the boards of the Omaha Women's Fund, Duchesne Academy, the College of St. Mary, and A Time to Heal.

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Kay Ryan, PhD

Mind Power for Strength, Resiliency and Recovery

Dr. Kay Ryan is a nurse and educator with a great deal of experience in health promotion and higher education. She is co-author and co-founder of A Time to Heal. She has published numerous peer-reviewed research articles and has presented internationally on topics related to health promotion and cancer survivorship. Dr. Ryan served on the board of the National Wellness Association for many years and taught as a visiting professor at the National University of Ireland at Galway. She currently teaches classes for A Time to Heal, local Veterans, and Nebraska Methodist College.

CONFERENCE LODGING

Embassy Suites Hotel & Conference Center

12520 Westport Parkway, La Vista, NE 68128

Need a hotel room? Take advantage of our special **$119 rate** at Courtyard by Marriott, attached to the Conference Center! Visit atth.org/conference and click "Book Your Hotel" to reserve online or call the hotel at (402) 339-4900 to make a reservation under the A Time to Heal room block.

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CONFERENCE EDUCATION THANKS TO:

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EDUCATION TRACK SPONSORS

Contact hours are awarded for nursing, physicians, mental health practitioners, occupational therapists, occupational therapists assistants, physical therapists, physical therapists assistants, respiratory therapists, social workers, speech therapists, and education. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Nebraska Medical Association (NMA) and the VTL Center for Professional Development through the joint provider of Nebraska Methodist College Learning Center and Time to Heal Foundation. Nebraska Methodist College Learning Center is accredited by the NMA and the VTL Center for Professional Development to provide continuing medical education for physicians and nurses.

Continuing Education Provided By:

ATTH

Art of Living

BEYOND CANCER CONFERENCE

Monday, May 4, 2026 | 8:00 a.m. - 3:35 p.m.

Embassy Suites Conference Center | 12520 Westport Parkway, La Vista, NE 68128

2026 Conference Registration Form

Registrant Information:

Name

Address

City, State, Zip

Email Phone

Dietary Restrictions?

Seating Requests? (We will do our best to accommodate!)

Select Your Ticket:

☐ **$25 General Admission** ($35 if after April 15, 2026)

For survivors, caregivers, nonprofits, students and the general public. Includes four breakout sessions, breakfast and lunch. SCHOLARSHIPS AVAILABLE - email info@atth.org

☐ **$95 Health Care Professionals (includes CE)** ($105 if after April 15, 2026)

For physicians, oncology providers, nurses, social workers, occupational and physical therapists, and all other health-related professionals. Includes four breakout sessions, breakfast, lunch, and continuing education (see reverse for details).

→ → → → → **Next Page for Sessions & Payment!** → → → → →

To skip the stamp or register more than one guest, register online now!

www.atth.org/conference

2026 Conference Registration Form (continued)

ATTH Art of Living BEYOND CANCER CONFERENCE

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Select Your Sessions:

Check mark ONE session for each time slot. Visit **www.atth.org/conference** to read session details and speaker biographies.

SESSION ONE: 9:05 A.M. - 10:05 A.M.	SESSION TWO: 10:25 A.M. - 11:25 A.M.
☐ The Three Roles of Radiation: Cure, Treat & Manage	☐ Why Didn't Anyone Tell Me About Palliative Care?
☐ Calm Down! Activities for Your Emotional Well-Being	☐ Nuclear Oncology: Frontline Targeted Cancer Care
☐ Clinical Trials: Not Just a Hail Mary	☐ How Do You Sleep At Night?
☐ Supplements: What's In It For Me?	☐ The Bottom Line on Colon Vs. Rectal Cancers
SESSION THREE: 1:10 P.M. - 2:10 P.M.	**SESSION FOUR: 2:35 P.M. - 3:35 P.M.**
☐ Express Yourself: Art as Healing	☐ Hormone Replacement Therapy for Survivors
☐ Your Questions Answered	☐ Knowledge is Power - When It's Reliable
☐ Gut Check: Microbiome and Nutrition	☐ How to Read Lab Results
☐ Distress Release Through Somatic Healing	☐ Mind Power for Strength, Resiliency and Recovery

Payment Information:

☐ I would like to help survivors and caregivers with an additional donation of: $ .....

☐ My check is enclosed for the total amount of: $ .....

☐ Please charge my credit card for the amount of: $ .....

☐ Please include the 3% credit card processing fee as an additional gift to A Time to Heal

Card Type: ☐ Visa ☐ MasterCard ☐ AmEx ☐ Discover

Name as it appears on card: .....

Card Number: .....

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Mail this completed form with your payment to:

A Time To Heal Cancer Foundation
220 N 89th St, Ste 201
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THANK YOU!!